



# CORNVILLE REGIONAL CHARTER SCHOOL

FOSTERING RESPONSIBLE, INDEPENDENT, HAPPY, CURIOUS LEARNERS

Programs and Policy Committee – April 27, 2014 and May 4, 2014

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## Footwear

Current student/parent handbook

Please make sure your child has shoes that allow them to be safely active in play. We have built extended recess time into our daily schedule and want to encourage children to run and play. Shoes need to be well-fitting to keep feet snugly in place. Students need footwear with strong, flat heels and soles. Please no platforms, backless clogs, high heels, or flip-flops for running and playing. Also, in order to cut down on the amount of mud and dirt that is brought into the classroom, students will be encouraged to have a change of shoes/hard-soled slippers that can be left at school. Part of our curriculum is based on social responsibility and our students will help with the maintenance of keeping a clean school. Having inside shoes will make that task easier.

***The Programs and Policy Committee proposes that no changes be made but recommends that the school remind parents in a newsletter about the need to have appropriate shoes at school for playing. Staff should remind and enforce this with their students.***

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## Healthy Eating

Current student/parent handbook

The goal of the school is to promote healthy food choices by encouraging your child to bring wholesome food. Most classes have a morning snack period. Parents/guardians are encouraged to send a healthy snack with their children each morning. We strongly discourage students from bringing candy, soda and other non-nutritious snacks. Please do not send food or drinks in glass containers.

***The Programs and Policy Committee proposes the following change to the student/parent handbook:***

Proposed change to student/handbook

Schools should not only teach children how to make healthy choices and to eat to fulfill nutritional needs, but also should provide an environment that fosters healthy eating. Parents/guardians are encouraged to send healthy foods with their children each morning. We strongly discourage students from bringing candy, soda and other non-nutritious snacks. Please be careful if sending food or drinks in glass containers.

***The Programs and Policy Committee proposes the following addition to the staff handbook for 2014-15:***

Proposed addition to the staff handbook

Schools should not only teach children how to make healthy choices and to eat to fulfill nutritional needs, but also should provide an environment that fosters healthy eating. Be mindful of what you eat and drink at school and aim to refrain from visibly displaying unhealthy foods or beverages in front of students. The use of food or beverages as a reward for academic performance or good behavior is discouraged. Look for other options for rewards and treats in the classroom and minimize candy and junk food.